

:jfut



k | b]z ;/sf/

u08sL k | b]z

;fdflhs ljsf; dGqfno

:jf:Yo dxzfvf

cfktsflng cj:yfdf kf]if0fsf] nflu k"j{ tof/L of]hgf

!= k[i7e"dL

s'g} klg b}jL k|sf]kaf6 olb cfktsflng cj:yf ;[hgf ePdf b}lgs hglhjgdf c;/ kg]{ tYo
ljlbt} 5 . ;fy} vfBfGg cefj, vfg]kfgLsf] k|b'if0f tyf cefj, :jf:Yo ;]jf k|jfxdf cj/f]w
cflbsf] sf/Ofn] ;a}sf] :jf:Yo tyf kf]if0fdf klg c;/ kg{ hfG5 , laz]ift M kf]if0fsf]
b[li6sf]0fn] hf]lvddf kg]{ ;d"xx?; h:t} M ue{jlt tyf ;'Ts]/L dlxnf? / % aif{d'lgsf
afnaflnsf kf]if0f cJf:yfdf . olb ;dod} tL ;d"xsf] kf]if0f cj:yf n]vfhf]vf u/L cfjZos
pkrf/ tyf JoJf:Yffkg gu/]df s'kf]if0fsf] sf/Ofaf6 d[To' x'g;Sg] hf]lvd a9\5 . o;
tYonfO{ dWogh/ u/L ljkb Joj:yfkg of]hgfdf ue{jlt tyf ;'Ts]/L dlxnf / % aif{d'lgsf
afnaflnsfdf x'g;Sg] s'kf]if0fsf] /f]syfd, pkrf/ / Joj:yfkg ug{sf] nflu k|efljt x'g;Sg]
cg'dflgt !)))) hg;+Vofsf] cfwf/df u08sL k|b]zsf] kf]if0f laifout lf]q dfkm{t of]
gd"gf k"j{ tof/L of]hgf tof/ kfl/Psf] xf] .

of] of]hgfdf ljkb Joj:yfkgdf ul/g] kf]if0f k|ltsfo{sf] p2]Zo, /OfgLIt, cg'dflgt k|sf]k
laZn]if0f -ljutsf] k|sf]ksf] cfwf/df_, k"j{ tof/Ldf ug'kg]{ sfo{x?, / ljkbbsf] ;do

@= k |Itsfo{sf p4]Zo / /0fgLltx?M

@=s= ;fdfGo p2]ZoM

af9L/klx/f]/e"sDk/cfunfuLn] k|efljt o; k|b]zsf afnaflnsf, dlxnf tyf cGo hf]lvddf k/]sf JolQmx?nfO{vfBfGg cefj / /f]u tyf ;+qmd0fn] ubf{ x'g;Sg] s'kf]if0f / To;af6 x'g;Sg] ;Defljt d[To' x'gjf6 arfpg] .

@=v laz]if p2]Zox?M

- kf]if0f laifout lf]qsf] k|efjsf/L ;dGjo :yfkfg tyf k|a{4g ug]{ / ;fy} cGo laifout lf]qx?;Fu klg cfjZos ;dGjo ug]{ .
- k|efljt lf]qsf afnaflnsfdf s'kf]if0fsf] /f]syfd / Joj:yfkgsf] nflu lg/Gt/ :tgkfg ;'lg|Zrt ug{ / cfdfs] b'wnfO{ k|lt:yfkg ug]{ j:t'x?sf] cgclws[t ljlqm ljt/0fdf /f]s nufpg k|b]z ;/sf/nfO{ cfjZos ;xof]u ug]{ .
- cfktsflng kf]if0f sfo{qmdsf] nflu kf]if0f ;dfu|Lx?sf] kof{Kt cfk"lt{ / dfgj ;|f]t nufotsf laifodf lz3| lfdtf clej[l4 ug{sf] nflu k|b]z ;/sf/nfO{ cfjZos ;xof]u ug]{ .
 - :tgkfg / k'/s cxf/ -yk vfgf_ ;DalGw lzz' tyf afNosflng kf]if0fsf] plrt cEof;nfO{ k|a4{g ug]{ .
 - Kffv'/f gfKg] lkmQf (MUAC Tape) sf] dbtn] % aif{ d'gsf afnaflnsf , ue{jlt / ;'Ts]/L

- :jf:Yo ;+:yfx?sf] k|efjsf/L ;]jf dfkm{t lz3 | s'kf]if0fsf] plrt Joj:yfkg / pkrf/ ug]{ .
- cfktsflng kf]if0f sfo{qmdsf ljleGg lqmofsnfkx?, h:t}M kf}li6s cxf/ -kf]lifnf] kL7f_b, ;"ldkf]ifs tTjx? -le6fldg P, cfO{/g kmf]lns Pl;8, ax';"ldkf]ifs tTj_ sf] ljt/Of tyf hg:jf:Yo sfo{qmdsf kf]if0f ;DalGw lqmofsnfkx? -h:t}M cfjZostfg';f/ afnaflnsfnfO{ h'sfsf] cf}iflw ljt/Of_ cflb dfkm{t afnaflnsf, ue{jlt, ;'Ts]/L dlxnf?n] ;'ldkf]ifs tTj kfPsf] ;'lglZrt ug]{ .

u_ k|Itsfo{ /OfgLItM

- !=)-@# dlxgfsf afnaflnsfsfnfO{ plrt :tgkfgsf] nflu ;xof]u, ;+/lf0f / k|a4{g ug]{ .
- @= ^-@# dlxgfsf afnaflnsfsfnfO plrt k'/s vfgfsf] nflu ;xof]u, ;+/lf0f / k|a4{g ug]{ .
- #= % aif{d'lgsf afnaflnsf / ue{jlt tyf ;'Ts]/L dlxnf?sf lz3 | s'kf]if0fsf] /f]syfd / Joj:yfkg ug]{
- \$= % aif{d'lgsf afnaflnsf / ue{jlt tyf ;'Ts]/L dlxnf?sf nflu ;'ldkf]ifs tTj ljt/Of ug]{ .
- %= kf]if0fsf] nflu Jojxf/ kl/jt{g ;~rf/ k|a4{g ug]{ .

#= k | b]zsf] laBdfg ;+/rgfsf] cj:yfM

बिषय	जम्मा संख्या	महिला	पुरुष
lhNnf ;+Vof	११		
:yfgLo tx ;+Vof	८५		
gu/kflnsf ;+Vof	२७		
ufpFkflnsf ;+Vof	५८		
j8f ;+Vof	७५९		
s'n hg;+Vof	२५१११३६		
) b]vL ^ dlxgf			
) b]vL !@ dlxgf	५५६८३		
)^ b]vL @# dlxgf	७७५१३		
@\$ b]vL %(dlxgf	२०२६३६		
)^ b]vL %(dlxgf			
) b]vL %(dlxgf	२५२३०७		
lszf]/ lszf]/Lx?	४९७५९४		
cg'dfgLt ue{jtL dlxnfx?	^&%\$^		
cg'dfgLt ;'Ts]/L dlxnfx?			
cg'dfgLt :tgkfg u/fpg] dlxnfx?			

\$=cg'dflgt k|sf]k laZn]if0f M

\$ s= la ;+ @)&@ ;fndf uf]/vfnfO{ s]Gb|ljGb' agfo/ uPsf] dxfljgfsf/L e'sDkn] 7''nf] wghgsf] lflt ePsf] / ut aif{ @)&& sf] aiff{ l;hgdf ePsf] leif0f af9L/klx/f]n] ubf{ o; k|b]zsf uf]/vf, DofUbl, afUn'Ë, ndh'a\ / :ofa\hf lhNnfsf le/fn]f kfvsx?df ePsf a:tLx? jufO 7''nf]dfqfdf wghgsf] lftL ePsf] lyof] . kxf8L nufot t/fOlf]qdf kg]{ gjnk/f;L -k'j{ _ sf lhNnfx?df ;a} gbLx?sf] ;tx a9]sf], gbLsf] lsgf/sf] hldg s6fgL ePsf], jl/kl/sf] al:t cfs|fGt ePsf] / To:tf lf]qx?df of] cj:yf cem} cGoq klg km}lng] cj:yf /x]sf] 5 .

af9L/klx/f]/e''sDk/cfunfuLn k efljt lf]q	Jf8f/6f]nM=====
d[To' ;+Vof	hDdfM ===== hgf ue{jlt tyf ;'Ts]/L dlxnf M ===== % aif{ d'lgsf afnaflnsfM =====

qmdz=====

3fO{t]	=====hgf
lj:yflkt 3/w'/L	===== -ef/t tyf cGo aflx/ b]zdf uPsf afx]s_
k efljt hg;+Vof	===== hgf
lau g]÷ elTsg] ;+/rgf	<ul style="list-style-type: none">• d'Vo af6f]sf k'nx? eTsg]• k efljt k b]z ;/sf/sf] l5d]sL k b]z ;/sf/x?, lhNnf , k b]z, ef/t;Fu hf]8\g] af6f] aGb x'g]]• :jf:Yo ;+:yf nufot cGo :yflgo ;/sf/L sfof{nox? lflt x'g]] / cfjZos ;]jf k jfxdf cj/f]w cfpq]• :yfgLo ;+rf/sf ;fwg tyf dfWodx? aGb x'g]
lj:yflkt cj:yf	<ul style="list-style-type: none">• s]lx xKtffleq cfGtl/s lj:yfkg a9]/ c:yfoL cfjf;sf] cfjZostf kg]{} .

kf]if0fsf] cj:yf

- afnLgfnLdf lflt x'g;Sg] .
- vfBfGg e08f/0f, cfk"lt{, pknAwtf, / kx'Frdf ;d:of x'g;Sg] .
- vfg]kfgL / ;/;kmfOsf] ;'ljwfdf k"0f{ ?kdf lfltx'g;Sg] .
- /f]usf] dxfdf/L x'g] cj:yf cfpq ;Sg] .
- lz3| s'kf]if0fsf] k|sf]k a9\g] cj:yf /x]sf] .
- ue{jlt, ;'Ts]/L / afnaflnsfsf] nflu ;'/llft :yfgsf] pknAwtfdf sdL x'g;Sg]

qmdz=====

;Defljt kl/0ffdx?

!= af9L/klx/f]/e"sDk/cfunfuLnL, ljleGg dxfdf/Lsf sf/Of ;[lht aGbfaGbL cfbLn] ubf{ af6f]x? aGb eP/ /fxt ;xof]ux? ;xh ?kn] gcfpg]] .

@= b}lgs pkef]Uo vfBfGgsf] ;Fs6 a9\g] .

#= @ aif{d'lgsf afnaflnsfnfO{ ;ls|o :tgkfg u/fpg], k'/s vfgf -yk vfgf_ v'jfp] k|lqmofdf cj/f]w cfO{ lzz' tyf afNosflng kf]if0fdf c;/ kg{ x'g] .

&= JolQmut, 3/fo;L tyf jftfj/0fLo ;/;kmfO Jojxf/df sld cfp] .

%= :jf:Yo ;]jf k|jfxdf cj/f]w x'g] .

% aif{ d'lgsf afnaflnsf, ue{jlt tyf ;'Ts]/L dlxnf?df lz3 | s'kf]if0fsf] k|sf]k a9g] .

^ ;+qmfs /f]ux? tyf dxfdf/LhGo k|sf]k Af9\g] .

oL ljleGg kl/0ffdn] ubf{ laz]if ul/ % aif{d'lgsf afnsflnsfx?, ue{jlt tyf ;'Ts]/L cdfx?df s'kf]if0f eO{ To;af6 x'g] d[To'sf] hf]lvd a9\g] ;Defjgf x'G5 .

hDdf ;Defljt k|efljt hg;+VofM

qm=; +=	hg;+Vof ;d"x	hDdf	k'?if -s]6f_	Dflxfn - s]6L_
!=	^ dlxgf d'lgsf afnaflnsf	^)	#)	#)
@=	^-%(dlxgfsf afnaflnsfx?	\$%)	@&%	@&%
#=	ue{jlt dlxfnfx?	!\$)		
\$=	;'Ts]/L dlxfnfx?	!@)		
%=	cGo	\$@#)	@!!%	@!%%

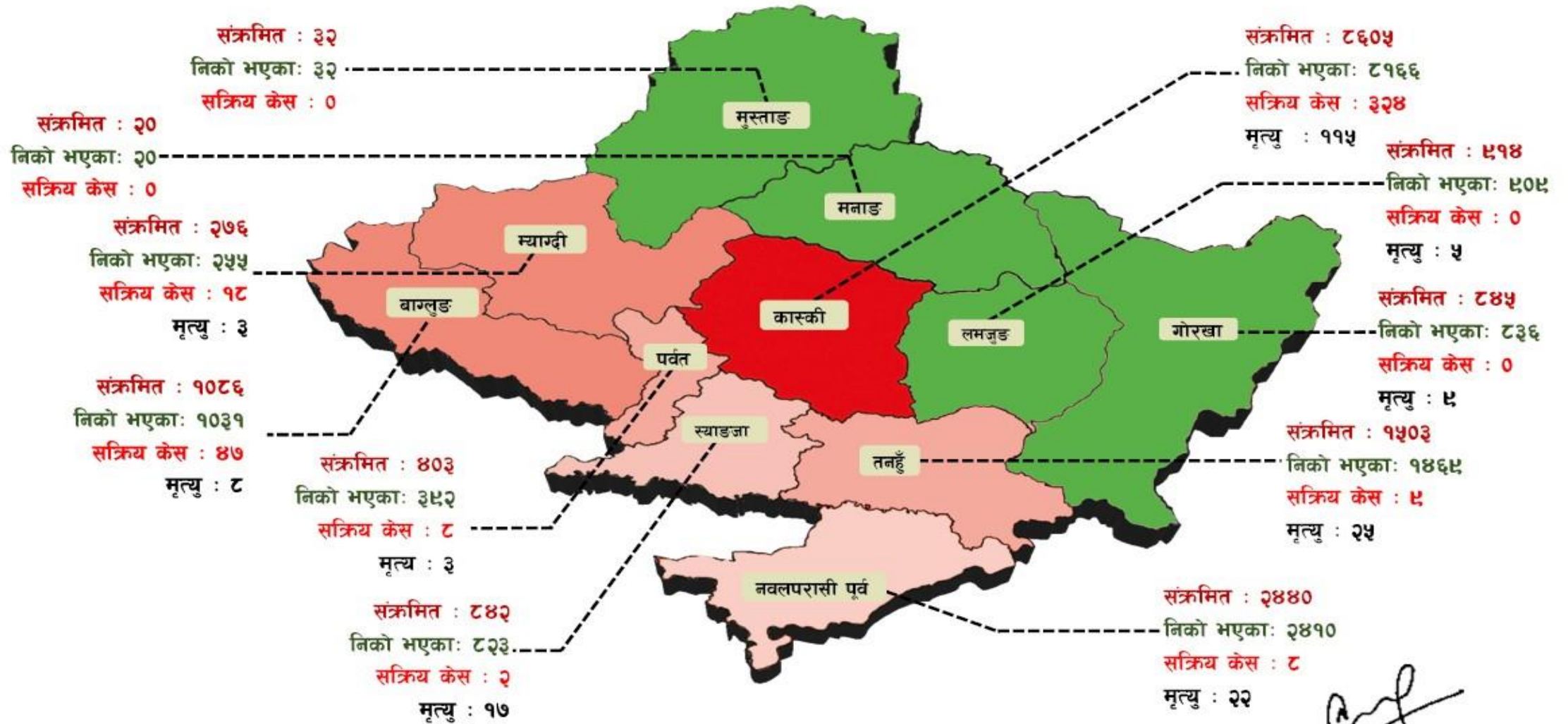
hDdf cg'dflgt s'kf]lift hg;+VofM

qm=; +=	lz3 s'kf]if0fsf] k sf/	hDdf	k'?if -s]6f_	Dflxfn - s]6L_
!=	s8f lz3 s'kf]lift afnaflnsfx?	!)	%	%
@=	dWod lz3 s'kf]lift afnaflnsfx?	@%	!@	!#
#=	lz3 s'kf]lift ue{jlt tyf ;'Ts]/L dlxfnfx?	@)		

%= sf]/f]gf efO/; /f]u -sf]le8 !(_ ;Fusf] ;DjGw

hgj/L @)@) df rLgsf] j'xfgdf b]vf k/]sf] sf]/fgf (SARS-CoV-2) efO{/;sf] ;+qmd0f xfn
ljZje/L km}lnPsf] 5 . ljZa :jf:Yo ;+u7gn] @)@) clk|n !@ -@)&^ r}q #)_ df o; efO{/;sf]
;+qmd0faf6 nfUg] sf]le8-!(nfO{ ljZjJofkL dxfdf/L egL 3f]if0ff u/]sf] 5 . of] k|ltsfo{
of]hgf tof/ kf?~h]n;Dddf ljZjsf @!& /fi6«x?df of] dxfdf/L km}ln;s]sf] 5 . g]kfndf kgL
of] ;+qmd0fn] dxfdf/Lsf] ?k lnO{;s]sf] 5 . ut aif{sf] clGtd # dlxgfsf] cjlwdf
;+qmd0fsf] cj:yfdf w]/} ;'wf/ cfPkgL xfnsf lbgx?df ;+qm0fsf] cj:yf k'gM eofjx aGg
nfu]sf] cg'dfg ug{ ;lsG5 . b]zdf xfn;Dd && lhNnfx?df ;+qmd0f b]vf kl;/s]sf]5 . u08sL
k|b]zsf lhNnfx?df kgL klg, ;+qmd0fsf] cj:yf lbgfg'lbg k'g bf]xf]l/g yfn]sf] b]lvG5 lbg
;Dddf of] u08sL k|b]zdf lbg k|ltlbg ;+qmd0f a9\b} uO/x]sf] 5 / kl/lf0fsf] bfo/f
a9\b} hfFbf ;+qmldtsf] ;+Vofklg eofjx aGg ;Sg] cf+sng ug{ ;lsG5 . xfn;Dd k|fKt tYofí
cg';f/ u08sL k|b]zdf sf]/f]gf ;+qmd0fsf] dxfdf/Lsf] cj:yf tn lrq g+= ! df b]vfO{P
adf]lhd 5 M

गण्डकी प्रदेशमा कोभिड-१९ संक्रमितका जिल्ला स्तरीय विवरण





नवराज शर्मा
वरिष्ठ स्वास्थ्य शिक्षा प्रशिक्षक
स्वास्थ्य निर्देशनालय, पोखरा

%=! sf]le8-!(dxfdf/Ldf kf]if0f k|Itsfo{ of]hgfsf] cfjZostf

:jf:Yo k|j{Wfg / /f]u k|lt/f]wfTds Ifdtfsf] nflu plrt kf]if0fsf] cfjZostfaf/] ;a}nfO{ ;j{lj|bt} 5 . ;fwf/Of
cj:yfd} klg ue{jlt tyf ;'Ts]/L dlxnf / % aif{d'lgsf afnaflnsfnfO{ cGonfO{ eGbf a9L kf]if0f tTjx?sf]
cfjZostf kg]{ ePsf]n] kf]if0fsf] b[li6sf]0fn] pRr hf]lvddf kg]{ ;d"xsf] ?kdf lnO{G5 . o;dfly dxfdf/L of
cGo s'g} ljkbsf] sf/0fn] cfsl:ds cj:yf ;[hgf ePdf lgoldt :Jff:Yo tyf kf]if0f ;]jfx? ;'rf? gx'g], sdhf]/ vfB
;'/lff cflb sf/0fx?n] ubf{ ue{jlt tyf ;'Ts]/L dlxnf / % aif{d'lgsf afnaflnsfx?sf] sdhf]/ kf]if0f l:y|tn] ub{f
s'kf]if0f x'g;Sg] hf]lvd cem a9L x'G5 . t;y{, o:tf] cj:yfdf hf]lvdf kg]{ tL ;d"xx?sf] kf]if0f ;'wf/sf] nflu
laz]if cfsl:ds kf]if0f sfo{qmdx? ;~rfng ug{ h?/L x'G5 . ljZj :jf:Yo ;+u7gn] klg sf]le8-!(sf] kl/k|]lodf
ue{jlt dlxnf / % aif{d'lgsf afnaflnsfsf] plrt kf]if0fsf] nflu cfjZos Jojxf/x? l;kmfl/z u/]sf] 5 . ;fy} g]kfnsf]
;Gbe{df ;+l3otxsf] kf]if0f sfo{bnn] klg o; ;DaGwdf cGtl/d kf]if0f lgb]{lzsfx? tof/ u/L ;DalGwt ;a}nfO{
hfgsf/L u/fO;s]sf] 5 .

dxfdf/Lsf] sf/0fn] b]ze/ cyjf :yfgljz]if ?kdf jGbfaGbL ug'{kg]{ jfWotf x'g] / ;f] sf/Of vfBffGg cefjx'g ;Sg]
tyf ue{jlt, ;'Ts]/L / afnaflnsf :jf:Yo ;+:yfdf ;]jflng hfgsf] nflu c;dy{ x'g;Sg] ePsf]n] klg pgLx?sf] kf]if0f
cj:yfdf gsf/fTds k|efj kg]{ ;Defjgf a9g\ ;S5 . t;y{ tLlgx?sf] kf]if0fsf] plrt Joj:yfkgsf] nflu sf]le8-!(
dxfdf/Ldf of] kf]if0f k|Itsfo{ of]hgfnfO sfof{Gjogdf nfg clt h?/L 5 . cfsl:ds kf]if0f k|Itsfo{ of]hgfn]
cfO;f]n];g / Sjf/]G6fO{gdf /x]sf ue{jlt, ;'Ts]/L dlxnf / % aif{d'lgsf afnaflnsfnfO{ ;d]t laz]if

%=@ sf]le8-!(dxfdf/Ldf kf]if0f k |ltsfo{ of]hgfsf] p2]Zo

- k|b]ze/Lsf cfO;f]n];g / Sjf/]G6fO{gdf /x]sf ue{jlt, ;'Ts]/L dlxfnf / % aif{d'lgsf afnaflnsf] klxrfg ug]{ .
- sf]le8-!(dxfdf/Lsf] kl/k|]lodef kf]if0f ;]jfx? ca?4 x'g] qmdnfO{ sdL ug]{ .
- ue{jlt tyf ;'Ts]/L dlxfnf / % aif{d'lgsf afnaflnsfnfO{ cfjZos kg]{ kf]if0f ;]jfx?sf] Joj:yf ug]{ .
- cfO;f]n];g / Sjf/]G6fO{gdf /x]sf ue{jlt tyf ;'Ts]/L dlxfnf / % aif{d'lgsf afnaflnsfnfO{ cfjZos kf]if0f ;]jfx?df tLj|tf Nofpg] .
- sf]le8-!(dxfdf/Lsf] kl/k|]lodef kf]if0f ;DalGw Jojxf/ kl/jt{g sfo{qmdx? ;~rfng ug]{ .

^= sf]le8-!(dxfdf/Ldf kf]if0f k |ltsfo{x?

l;=g +=	/0fgLlts sfo{x?	k ltsfo{x?
!=	cfO;f]n];g / Sjf/]G6fO{gdf /x]sf ue{jlt, ;'Ts]/L dlxf / % aif{d'lgsf afnaflnsf] klxrfg ug}{	!=! ;DalGwt k fb]lzs lgsfox?;Fu kqfrf/ u/L pkrf/, cfO;f]n];g / Sjf/]G6fO{gsf] b}lgs k ult ljj/0fdf ue{jlt, ;'Ts]/L, lzz' / afnaflnsf] ;+Vof ;dfj]z u/L k7fpgsf] nflu kxn / ;dGjo ug}{ .
@=	bO{ aif{d'lgsf lzz' tyf afnaflnsf] kf]if0fsf] nflu :tgkfgnfO{ k a4{g, ;Da4{g, / ;xof]u ug}{ .	<p>@=! sf]le8-!(dxfdf/Laf6 ;[lht ljfd kl/l:ytLsf] cj:yfdf tof/L a6\6fsf] b'w nufot cdfsf] b'wnfO{ k lt:yfkg ug}{ cGo j:t'x?sf] k of]u gug{ / gu/fpgsf] nflu ;DalGwt dGqfnoaf6 ;/f]sfnjfnf ;a}nfO{ kqfrf/ u/L ;f] cg'?k ug{sf] nflu lgb}{zg lbg}</p> <p>@=@ :tgkfg ;DalGw Jojxf/ kl/jt{gsf ;Gb]z? k rf/ k f/ ug}{ .</p> <p>@=# k b]zsf ;a} lhNnfsf :jf:Yo sfof{no, c:ktfn, / :jf:Yo ;+:yfx?nfO{ ue{jlt tyf ;'Ts]/L dlxf / cGo :ofxf/stf{x?nfO{ :tgkfg ;DalGw clgjfo{ kf]if0f lzlff tyf k/fdz{ ug{, u/fpgsf] nflu kqfrf/ ug}{ .</p> <p>@=\$ cfO;f]n];g, c:ktfn / Sjf/]G6fO{g s]Gb"x?df ue{jlt tyf ;'Ts]/L dlxf / cGo :ofxf/stf{x?nfO{ :tgkfg ;DalGw clgjfo{ kf]if0f lzlff tyf k/fdz{ ug{, u/fpgsf] nflu ;Dj]Gwt tx tyf lgsfonfO{ cg'/f]w ug}{ .</p> <p>@=% k b]zsf ljleGg lhNnfx?df kf]if0f sfo{qmddf ;FnUg</p>

^ dlxgfb]lv @ aif{;Ddsf lzz'
= tyf afnaflnsf] kf]if0fsf] nflu
k'/s -yk_ vfgfnfO{ k|a4{g,
;Da4{g, / ;xof]u ug}{ .

#=! ljkb tyf dxfdf/Ln] k|efj kf/]sf lf]qx?df vfB ;'/lffsf] Joj:yf ug{ / ;f]
sfo{df laz]if u/L ue{jlt, ;'Ts]/L, afnaflnsf / j[4j[4f ePsf 3/w'/LnfO{
k|fyldstf lbgsf] nflu vfB ;'/lff laifout lf]q;Fu ;dGjo ug}{ .

#=@ /fxt kfs]h ljt/0fdf ;'gf}nf xhf/ lbgsf dlxnf tyf afnaflnsf ePsf
3/w'/LnfO{ k|fyldstf lbgsf] nflu ;DalGwt ;/sf/L lgsfo /
;/f]sf/jfnfx?;Fu ;dGjo ug}{ .

#=# plrt k'/s -yk_ vfgf ;DalGw Jojxf/ kl/jt{gsf ;Gb]z? k|rf/ k|;f/ ug}{ .

#=\$ k|b]zsf ;a} lhNnfsf :jf:Yo sfof{no, c:ktfn, / :jf:Yo ;+:yfx?nfO{ ue{jlt
tyf ;'Ts]/L dlxnf / cGo :ofxf/xtf{x?nfO{ plrt k'/s -yk_ vfgf ;DalGw
clgjfo{ kf]if0f lzlff tyf k/fdz{ ug{, u/fpgsf] nflu ;xlhs/0f ug}{ .

#=% cfO;f]n];g, c:ktfn / Sjf/]G6fO{g s]Gb"x?df ue{jlt tyf ;'Ts]/L dlxnf /
cGo :ofxf/stf{x?nfO{ plrt k'/s -yk_ vfgf ;DalGw clgjfo{ kf]if0f lzlff tyf
k/fdz{ ug{, u/fpgsf] nflu kqfrf/ ug{sf] nflu k|b]z ;/sf/nfO{ cg'/f]w
ug}{ .

#=^ k|b]zsf ljleGg lhNnfx?df kf]if0f sfo{qmddf ;+nUg o" Pg Ph]G;L,
cGt/fl6«o tyf /fli«6o ;+3 ;+:yfx? / :yflgotxx? ;d]t kl/rfng u/L ue{jlt
tyf ;'Ts]/L dlxnf / cGo :ofxf/stf{x?nfO{ plrt k'/s -yk_ vfgf ;DalGw

\$= % aif{d'lgsf afnaflnsfdf dWod lz3| s'kf]if0fsf] /f]syfd, pkrf/, / Joj:yfkg ug]{ .

\$=! ^ b]vL %(dlxgf pd]/ ;d'xsf afnaflnsfnfO{ Blanket Supplementary Feeding Program (BSFP) / Targeted Supplementary Feeding Program (TSFP) sfo{qmd ;~rfngsf[nflu cg'/f]w / ;dGjo ug]{ .

\$=@ ^ b]vL %(dlxgf ;Ddsf afnaflnsfsf] kf]if0f / vfgkfg ;DalGw Jojxf/ kl/jt{gsf ;Gb]zx? k|rf/ k|f/ ug]{ .

\$=\$ k|b]zsf ;a} lhNnfsf :jf:Yo sfof{no, c;ktfn, / :jf:Yo ;+:yfx?nfO{{ %(dlxgf ;Ddsf afnaflnsf] plrt kf]if0fsf] nflu kl/jf/sf ;b:ox? / cleefjsx?nfO{ clgjfo{ kf]if0f lzlff tyf k/fdz{ ug{, u/fpgsf] nflu kqfrf/ ug]{ .

\$=% cfO;f]n];g, c:ktfn / Sjf/]G6fO{g s]Gb"x?df %(dlxgf pd]/ ;Ddsf afnaflnsf] plrt kf]if0f ;DalGw clgjfo{ kf]if0f lzlff tyf k/fdz{ ug{, u/fpg / ;fy} pgLx?nfO ;fjLs sf] eGbf yk ! 5fs vfgf of vfhf Joj:yf ug{ ;DalGwt lgsfox?nfO{ kqfrf/ ug{sf] nflu k|b]z ;/sf/nfO{ cg'/f]w ug]{ .

\$=^ k|b]zl:yt lhNnfsf :jf:Yo sfof{no, c:ktfn / cGo :jf:Yo ;+:yfx? / cGo ;alGwt lgsfox?nfO{ cf-cfkm\gf] sfo{lf]qdf c:ktfn, cfO;f]n];g / Sjf/]G6fO{g :ynx?df egf{ ul/Psf / gu/, ufpF, ;d'bfodf /x]sf %(dlxgf ;Ddsf afnaflnsfsf] lgoldt kf]if0f cj:yf n]vfhf]vf u/L cfjZos pkrf/ / Joj:Yfkgsf] nflu kqfrf/ ug]{ .

\$=& a"Fbf \$=^ cg';f/sf] lqmofsnfksf] nflu k|b]zsf ljleGg lhNnfx?df kf]if0f sfo{qmddf ;nUg ;+:yfx? nufot :yflgo ;/sf/x?nfO ;d]t kl/rfng ul/ cfjZos ;xof]u pknAw ug{ nufpg]

% % aif{d'lgsf afnaflnsfdf s8f
= lz3| s'kf]if0fsf] /f]syfd,
pkrf/, / Joj:yfkg ug]{ .

%=! ue{jtL, ;'Ts]/L / %(dlxgf;Ddsf fnaflnsfsf] kf]if0f / vfgkfg
;DalGw Jojxf/ kl/jt{gsf ;Gb]zx? k|rf/ k|;f/ ug]{ .

%=\$ k|b]zsf ;a} lhNnfsf :jf:Yo sfof{no, c:ktfn, / :jf:Yo ;+:yfx?nfO{
% aif{d'lgsf afnaflnsf] plrt kf]if0fsf] nflu kl/jf/sf ;b:ox? /
cleefjsx?nfO{ clgjfo{ kf]if0f lzlff tyf k/fdz{ ug{, u/fpgsf] nflu
;xlhs/0f ug]{ .

%=% cfO;f]n];g, c:ktfn / Sjf/]G6fO{g s]Gb|x?df %(dlxgf pd]/
;d'xsf afnaflnsf] plrt kf]if0f ;DalGw clgjfo{ kf]if0f lzlff tyf k/fdz{
ug{, u/fpg / ;fy} pGLx?nfO yk ! 5fs vfgf of vfhf Joj:yf ug{
;DalGwt lgsfox?nfO{ kqfrf/ ug{sf] nflu k|b]z ;/sf/nfO{ cg'/f]w
ug]{ .

%=^ k|b]zl:yt lhNnfsf :jf:Yo sfof{nox?, :jf:Yo ;+:yfx? / cGo ;alGwt
lgsfox?nfO{ cf-cfkm\gf] sfo{lf]qdf c:ktfn, cfO;f]n];g /
Sjf/]G6fO{g :ynx?df egf{ ul/Psf / gu/, ufpF, ;d'bfodf /x]sf %
aif{d'lgsf afnaflnsfsf] lgoldt kf]if0f cj:yf n]vfhf]vf u/L cfjZos
pkrf/ / loj:yffkgsf] nflu kqfrf/ ug]{

<p>^ = ^</p>	<p>ue{jlt, ;'Ts]/L dlxnf, lszf]/L, tyf % aif{d'lgsf afnaflnsfdf kf]if0f tyf hg:jf:Yo sfo{qmdx? dfkm{t ;"ldkf]if0f tTjx? -le6fldg P, cfO{/g, cfof]l8g, lhGs, cflb_ sdLsf] /f]syfd ug}{ .</p>	<p>^=! lhNnfl:yt :jf:Yo sfof{nox? / :yflgo lgsfox?nfO{ ;DalGwt k fb]lzs lgsfoaf6 gu/, ufpF, ;d'bfo / ;fy} c:ktfn, cfO;f]n];g / Sjf/]G6fOgdf a;]sf ue{jlt tyf ;'Ts]/L dlxnfx?nfO{ lgoldt cfO{/g tyf kmf]lns Pl;8 / h'sfsf] cf}iflw ljt/0fsf] nflu cfjZos Joj:yf ug{ kqfrf/ / ;dGjo ug}{ .</p> <p>^=@ lhNnfl:yt :jf:Yo sfof{nox? / :yflgo lgsfox?nfO{ ;DalGwt k fb]lzs lgsfoaf6 c:ktfn, cfO;f]n];g / Sjf/]G6fO{gdf cj:yt / ;fy} vf]k lSnlgS / OPD df cfPsf ^ dlxgfb]lv % aif{d'lgsf afnaflnsffnfO{ le6fldg P, afnle6f - pknJwtf ePdf_ / h'sfsf] cf}iflw ljt/0fsf] nflu cfjZoa Joj:yf ug{ kqfrf/ / ;dGjo ug}{ .</p>
<p>& = &</p>	<p>kf]if0f ;dfu Lx?sf] pknAwtf ;'lglZrt ug}{ .</p>	<p>&=! k b]z :jf:Yo cfk"lt{ Joj:yfkg s]Gb l;t ;dGjo u/L kf]if0f ;dfu Lxsf] df}Hbft cBfjlws ug{ / cfjZos cfk"lt{ of]hgfsf] nflu ;xsfo{ / ;dGjo ug}{ .</p> <p>&=@ lhNnf / :yflgo txd fcfjZos kf]if0f ;dfu L df}Hbftsf] nflu k b]z :jf:Yo cfk"lt{ Joj:yfkg s]Gb / kf]if0f laifout lf]qsf ;b:o ;+:yfx? l;t ;dGjo u/L cfjZos Joj:Yff ug}{ .</p> <p>&=\$ k b]z :jf:Yo cfk"lt{ Joj:yfkg s]Gb / kf]if0f laifout lf]qsf ;b:o ;+:yfx? l;t ;dGjodf ;a} lhNnf / :yflgo txx?df kf]if0f ;dfu Lx?sf] df}Hbftaf/] lgoldt -k Tols dlxgf -cg'udg ug}{</p>

<p>* Kff]if0f ;]jfx?sf] pknAwtf / = pkof]usf] cg'udg ug]{ .</p>	<p>*=! k To]s dlxgf lgoldt ?kdf DHIS2 sf] tYofí laZn]if0f u/L nllft ju{ -ue{jlt, ;'Ts]/L dlxnf / % aif{d'lgsf afnaflnsf_ n] kf]if0f ;]jf lnP glnPsf]af/] cg'udg ug]{ / ;f] cg':ff/ cfjZos sfo{ ug]{ .</p> <p>*=@ kf]if0f laifout lf]qsf ;b:o ;+:yfx?nfO{ kl/rfng u/L ;Dej eP;DDf :yflgo tx / :jf:Yo ;+:yfx?df ;Dks{ u/L kf]if0f ;]jf lgoldt eP gePsf] / ;]jfu flxx? ;]jf lng cfpq], gcfpq]af/] ;"rgf ;íng u/L ;f] sf] cfwf/df cfjZos sfo{ ug]{ .</p>
<p>(= laifout lf]qsf ;b:o / ;fem]bf/L ;+:yfx?sf] 4W mapping ug]+ .</p>	<p>(=! :jf:Yo tyf kf]if0f laifout lf]qsf] 4W mapping sf] nflu ;femf 9fFrf tof/ u/L ;a}n] To;df cf-cfkm\gf] ;+:yfsf] ljj/0f pknAw u/fpg] .</p> <p>(=@ 4W mapping df pknAw ljj/0f cg';f/ s'g lhNnf, :yflgo lgsfodf s] s:tf kf]if0f k ltsfo{sf] cefj 5, ;f] cg'?k laifout lf]qn] cfjZos sfo{ / ;dGjo ug]{ .</p>

&= k | Itsfo{ sfof{Gjogsf] nflu ;dGjo / lhDd]jf/Lsf] Joj:Yff

&=! cGt/ laifout lf]q;Fusf] ;dGjo

nllft ju{sf] kf]if0fdf ;'Wff/ ug{sf] nflu :jf:Yo / kf]if0f laifout lf]q afx]s cGo laifout lf]qx? h:t}M vfB ;'/lff, ;+/lf0f, vfg]kfgL tyf ;/;kmfO{ cflbsf] klg dxTjk"0f{ e"ldsf /xG5 . t;y{ tL laifout lf]qx?;Fu cfjZostf cg';f/ ;dGjo / ;xsfo{ ul/g]5 . of] ;dGjo ug]{ lhDd]jf/L :jf:Yo tyf kf]if0f Sn:6/sf] g]t[TjbfoL ;+:yfsf] x'g]5 / ;x g]t[TjbfoL ;+:yfn] g]t[TjbfoL ;+:yfnfO{ cfjZos k | fljlws ;xof]u ug]{5g\ .

&=@ laifout lf]q leqsf] ;dGjo / lhDd]jf/L

Kff]if0f laifout lf]qsf] sf]le8-!(dxfdf/L k | Itsfo{ nfO{ ;'rf? ?kdf cufl8 a9fpgsf] nflu ;a} ;b:o ;+:yfx?n] Ps cfk;df cfjZos ;dGjo ug]{5 . To; cltl/Qm laifout lf]qsf ;b:ox?sf] lhDd]jf/L lgDg cg';f/ x'g]5 M

<p>#=</p>	<p>o'lg;]km, ;x: g]t[TjbfoL ;+:yf</p>	<ul style="list-style-type: none"> • g]t[TjbfoL ;+:yfnfO{ laifout lf]qsf] k ltsfo{ of]hgf tof/L ;fy} cGo sfo{df k fljlws ;xof]u ug]{ . • cfjZostfg';f/ a}7s a;fNg / ;~rfng ug{df ;a};Fu ;dGjo u/L g]t[TjbfoL ;+:yfnfO ;xof]u ug]{ . • /fli6«o kf]if0f laifout lf]q;Fu ;dGjo ug{df g]t[TjbfoL ;+:yfnfO ;xof]u ug]{ . • sf]le8 !(sf] kl/k]lodef Dfft[kf]if0f, :tgkfg tyf k'/s vfgfsf] k a4{g ug{ / s8f lz3 s'kf]if0f ePsf afnaflnsfsf] pkrf/sf] nflu cfjZos k fljlws ;xof]usf] nflu /fli6«o kf]if0f laifout lf]q / o'lg;]kmsf] /fli6«o sfof{no;Fu cfjZos kxn / ;dGjo ug]{ .
<p>\$=</p>	<p>ljZj :jf:Yo ;+u7g, ;b:o</p>	<ul style="list-style-type: none"> • laifout lf]qsf] ;a} sfo{df cfjZos ;xof]u ug]{ . laz]if u/L cfO;f]n];g / Sjf/]G6Lgdf /x]sf ue{jlt, ;'Ts]/L dlxnf / % aif{d'lgsf afnaflnsf] ljj/0f b}lgs k ult ljj/0fdf ;dfj]z u/fpg] sfo{df ;xof]u ug]{ . • g]t[TjbfoL ;+:yfsf] ;dGjodef :jf:Yo tyf kf]if0f Sn:6/sf] lgoldt a}7ssf] cfJxfgug]{ . • ;DalGwt dGqfno ;dlf :jf:Yo / kf]if0f ;DalGw cfjZos sfo{x?af/]

%	;'cfxf/f kl/of]hgf	<ul style="list-style-type: none"> • laifout lf]qsf] ;a} sfo{df cfjZos ;xof]u / ;dGjo u/L g]t[TjbfoL ;+:yfnfO ;xof]u ug]{ • o"lg;]km ;Fusf] ;dGjodf g]t[TjbfoL ;+:yfnfO{ laifout lf]qsf] k Itsfo{ of]hgf tof/Ldf ;xof]u ug]{ ;fy} cGo sfo{df k fljws ;xof]u ug]{ . • u08sL k b]zdf o"lg;]km sf] pkl:ylt Go"g ePsf] sf/Of ;'cfxf/f kl/of]hgf] kf]if0f ;DaGwdf ;x g]t[TjbfoL ;+:yfsf] ;xof]lu e'lesf axg ug]{5 .
^=	ljZj vfB sfo{qmd	<ul style="list-style-type: none"> • laifout lf]qsf] ;a} sfo{df cfjZos ;xof]u ug]{ . • ljz]if u/L BSFP / dWod lz3 s'kf]if0f ePsf afnaflnsfsf] pkrf/sf] nflu cfjZos TSFP sf] nflu /fli6«o kf]if0f laifou lf]q / ljZj vfB sfo{qmdsf] /fli6«o sfof{no;Fu cfjZos kxn / ;dGjo u/L k fb]lzs laifout lf]qnfO{ cfjZos k fljlfw ;xof]u ug]{ . • s'kf]if0fsf] cj:yf Jofks x'b}uPdf vfWo;'/Iff sf nfuL ;DalGwt k fb]lzs dGqfno tyf la vfB sfo{qmdsf] dflyNnf lgsfox?;Fu ;dGjo ul/ vfB c;'/Iff sf] cj:yf cfpq glbg cfjZos kxnx? ug]{ .
&=	ACF Nepal	<ul style="list-style-type: none"> • laifout lf]qsf] ;a} sfo{df cfjZos ;xof]u / ;dGjo ug]{ .
*=	Save the Children	<ul style="list-style-type: none"> • laifout lf]qsf] ;a} sfo{df cfjZos ;xof]u / ;dGjo ug]{ .
(=	IPAS Nepal	<ul style="list-style-type: none"> • laifout lf]qsf] ;a} sfo{df cfjZos ;xof]u / ;dGjo ug]{ .

:jf:Yo tyf kf]if0f laifout lf]qsf] ;Dks{ JolQm tyf ;+:yfsf] ljj/0f

qm =;=	Gffd	Kfb	;+:yf	6]lnkmf]g g++=	Od]n
!	l8NnL/fd zdf{	;lrj	;fdflhs ljsf; dGqfno	(*%^)^&(!%	
@	zDe' k ;fb 1jfnL	dxzfzvf k d'v	;fdflhs ljsf; dGqfno	(*%!@#&)((
#	8f= /fd axfb'/ s]=;L=	dxzfzvf k d'v	;fdflhs ljsf; dGqfno	(*%!!%^%^%\$	
\$	8f= ljgf]b ljGb' zdf{	lgb]{zs	k b]z :jf:Yo lgb]{zgfno	(*%^)##(##	
%	lvd axfb'/ v8\s f	lgb]{zs	k b]z :jf:Yo cfk"lt{ Ao s]Gb	(*%^)^%\$%#	
^	gfgLafa' bfgL	kf]if0f kmf]sn k;{g	k :jf lgb]{zgfno	(*%^)*^!@&	
&	gj/fh zdf{	kL Pr ;L cf] ;L	k :jf lgb]{zgfno	(*%^)@\$)&\$	
*	dLgf yfkf	kf]k0f clws[t	o"lg;]km	(*%!!((&)&	
(ofd axfb'/ lh ;L	k b]z ;+of]hs	;'cfxf/f kl/of]hgf	(*)!@\$*^%@	ygc@hki.org

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